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## Yaxkin Spa Mexico

The ancient art of Maya natural cleansing and holistic healing rituals perseveres in the mist of Chichen Itza at Yaxkin Spa, a healing sanctuary of life and personal wellness. Within the vast gardens of Hacienda Chichen

### Yaxkin Spa

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Resort, Yaxkin Spa offers you a variety of stress-relief care and holistic healing experiences based on ancient Maya holistic traditions, seeking to reunite your soul with Mother Nature. This holistic center, located just a five-minute walk from the world's most famous Mayan site, is devoted to holistic wellness and healing care through earthy elements.

The natural healing essences found in wild organic Melipona honey, cacao, Aloe Vera, Mayan herbs, wild flowers, sacred oils, and tropical fruits invigorate and cleanse your body, mind, and energy from toxins cause by stress and anxiety. At Yaxkin Spa, these natural ingredients are combined with authentic Mayan fine clays, aromatherapy, gems, hot stone massages, sisal rubs, and marine sponge baths to induce the unique source of spiritual and physical energy that ancient Maya healing rites help manifest in each of us.

Mayan natural healing herbs and plants are carefully selected by Yaxkin Spa healers at the Hacienda Chichen private Nature Reserve and also grown organically in-house to ensure purity, quality, freshness, and proper energy charge. Ix'Men Beatriz Correa personally prepares each ritual's herbal therapeutic blend and sancochos to clean the skin's impurities and renew your healthy personal energy glow.

At Yaxkin Spa, you will find Chichen Itza's sacred Maya ceremonial garden, secluded within a lush jungle landscape and surrounded by majestic views of Mayan pyramids that embrace an authentic Mayan cave; where the traditional Maya zumpulche, holistic sweat-bath purification ceremony, is performed by Maya J-Men shamans and healers to renew the pure essence of your Ch'ulel or Chi inner vital energy in union with Mother Nature and the Cosmos.

Traditional Maya healing and wellness arts are based on prayer, rituals, and the blessing of water, fire, earth, and air / spiritual essences that provide the frame in which your mind, emotions, soul, and spirit become one, empowering your Ch'ulel and purifying invasive energy toxins; transforming the effects of stress to wellness; thus, bringing inner harmony and balance.

The powerful essence of aroma and touch found in each of Yaxkin Spa renewal treatments restores inner calmness and equilibrium. Yaxkin offers you a range of services in unique environments, from inviting private chambers decorated with Maya artistic touches to a couple's sanctuary in a private tropical garden with a cenote water-bath and open-air massage enclave. You are invited to indulge your senses in the mystical Mayan therapeutic practices and sacred renewal spiritual rituals offered at Yaxkin Spa, its ancient wellness care will help revitalize and purify your emotional, spiritual, mental, and physical bodies.



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